

# Activities for keeping dogs cool

## Scent work

- Hiding some of your dog's daily food in cardboard boxes creates a cheap and easy scenting game.
- You can scrunch up an old towel and scatter in some of their food to create an instant snuffle mat.



## Frozen treats

- Frozen treats/lick mats/Kongs/toys
- You can use a silicone muffin case and add some of your dog's food, top up with water and then freeze.
- Alternatively mix some of your dog's food with water and spread onto a lick mat before freezing. Kongs can be filled in the same way.

## Cooling equipment

- Use a paddling pool, cooling mat, cooling vest or t-shirt
- Fill a pool with cold, not freezing, water and leave it in a shaded area for your dog. You can add some treats as well for them to find.



## No walk days

- Sometimes it may be too hot to walk, so give your dog a rest day.
- Use the activities above to keep your dog occupied.
- Remember one day without a walk won't hurt your dog.